

APPENDIX A

QUESTIONNAIRE ON RANK AND HEALTH

Date

Day Month Year

We are all members of different groups. Some groups have to do with *gender, race, religion, ethnic background, health, and socioeconomic class*. May we ask you to think about your memberships in these particular groups and answer the following questions on the basis of how you feel about those groups and your membership in them. Each question has seven possible answers. *Please circle the number which best expresses your feelings. In order for us to be able to use the questionnaire, we would need you to answer every question. As some of the questions might bring up painful experiences we would understand if you would chose not to complete the questionnaire.*

Part I

1. For your age, in general, how is your health?

1	2	3	4	5	6	7
bad						excellent

2. Have you been bothered by any illness, bodily disorder or pains within the last six month?

1	2	3	4	5	6	7
not at all						a lot

3. How concerned or worried about your health have you been in the last six month?

1	2	3	4	5	6	7
not concerned						very concerned

4. Do you feel you were under any strain, stress, or pressure during the last six month?

1	2	3	4	5	6	7
not at all						yes, a lot

5. How relaxed or tense have you been in the last six month?

1	2	3	4	5	6	7
very relaxed						very tense

6. Concerning support by family, friends, or community, do you ever feel that you have no support at all?

1	2	3	4	5	6	7
very seldom or never						very often

7. Think of the people to whom you feel closest, how often do you feel that they are a source of nurturing and love?

1	2	3	4	5	6	7
very seldom or never						very often

- 30.** To what extent do you feel “society” values your sexual orientation?
 1 2 3 4 5 6 7
 not at all a lot
- 31.** To what extent do you feel “society” respects the social groups you are a member of?
 1 2 3 4 5 6 7
 not at all a lot
- 32.** To what extent do you feel good about the social groups you belong to?
 1 2 3 4 5 6 7
 not at all very much
- 33.** In general how good do you feel about yourself?
 1 2 3 4 5 6 7
 not at all very good
- 34.** Which of these items are important to how you think about yourself?
Please answer each item by circling the right answer

personal abilities and achievements	very important	important	not important
inner strength	very important	important	not important
friendships	very important	important	not important
family	very important	important	not important
community	very important	important	not important
care for others	very important	important	not important
the respect of others	very important	important	not important
feeling of independence	very important	important	not important
feeling of connectedness	very important	important	not important
ancestry or lineage	very important	important	not important
religious or spiritual beliefs	very important	important	not important
ethnic identity	very important	important	not important
physical appearance	very important	important	not important
gender	very important	important	not important
sexual orientation	very important	important	not important
age	very important	important	not important
social status	very important	important	not important
paid work	very important	important	not important
.....	very important	important	not important
.....	very important	important	not important

52. Which of the following categories best describes your highest education level?

- Some high-school
- High school graduate or GED
- Some college or university
- Associate degree or technical school graduate
- College graduate (Bachelor's Degree)
- Graduate or professional degree

53. Which of the following categories best describes your occupational level?

- Higher grade professional
- Lower grade professional
- Skilled manual or non-manual worker
- Partly skilled worker
- Unskilled worker

54. Which of the following categories best describes your current work status?

- Employed full-time for wages or a salary
- Employed part-time for wages or a salary
- Self-employed
- Unemployed for 12 months or less (one year or less)
- Unemployed for more than 12 months (more than one year)
- Homemaker
- Student
- Retired
- Unable to work

55. Which of the following broad categories best describes your total income from all sources in 1999 (before taxes and other deductions)?

- \$10,000 or less
- \$10,001-20,000
- \$20,001-35,000
- \$35,001-50,000
- \$50,001-100,000
- \$100,000 or more

56. Which sexual orientation best corresponds with your experience?

- Exclusively homosexual
- Mostly homosexual with occasional heterosexual experiences
- Mostly homosexual with marked heterosexual experiences
- Homosexual as well as heterosexual
- Mostly heterosexual with marked homosexual experiences
- Mostly heterosexual with occasional homosexual experiences
- Exclusively heterosexual

57. Do you actively participate in a religious or spiritual community?

- Yes
- No

58. Do you suffer from any consequences of a particular disease or accident?

- Yes
- No

59. If yes what are they?

_____ Consequences of
disease or
accident

60. If yes since when? _____ Year of onset of disease or accident

61. Have any of your mental or physical problems or illnesses been given a medical diagnosis by a health professional?

_____ Name(s) of
diagnosis (if
known)

62. On average how often have you gone to see a doctor, health care practitioner or community health worker in the last six months?

- Every week
- 2-3 times per month
- Once a month
- Less than once a month

Thank you for your time

Part III**Information Form**

Dear friends,

Sorry for taking your precious time. I am writing to you to ask your help as a former participant of a Lava Rock Seminar. As some of you might know, I am writing a dissertation where I study health and its relationship to dreaming and our position in society or consensus reality. For that purpose I am using a questionnaire I am asking you to fill in that explores various areas that might be relevant to the above mentioned study topic.

It is my hope that the information I will obtain with your help will enhance our understanding of culture's impact on health and of which forms of discrimination are most detrimental on our health. This hopefully will improve the way we perceive health and structure our services to help people who suffer from illness.

If you agree to participate in this study you are asked to answer the attached questionnaire, which will take you probably 20 minutes of your time. The questionnaire is anonymous and therefore all information given is confidential. Your participation in this study is entirely voluntary. However, you can help me very much by taking time to answer the questions and I hope that you will gain some insights that will make responding to the questions an enjoyable experience. Because of the anonymous design of the study once you have agreed to participate and handed back the filled in questionnaire, I won't be able to return to you your questionnaire and you cannot have your material withdrawn. If for some reason you prefer not to respond, please let me know by returning the blank questionnaire in the enclosed stamped envelope.

If you have any questions or comments about this study now or in future, please feel free to contact me: Dr. Pierre Morin, Principal Investigator, 503-248 9386.

Thank you very much for helping me with my dissertation.